



TMJ & Sleep Therapy Centre of San Diego
7879 El Cajon Blvd.
La Mesa, CA 91942



HEALTH CONNECTION



HOLIDAY HOURS:

Closed

December 21st - December 25th

Open

December 28th - 30th

9:00am-5:00pm

Closed for Lunch

12:00pm - 1:00pm

December 31st

9:00am-12:30pm

Best Wishes for Peace and Health this Holiday Season!

Are your patients in pain or feeling sleep deprived?
TMJ & Sleep Therapy Centre of San Diego Can Help!

TMJ & Sleep Therapy Centre of San Diego bridges the gap between pain and sleep with diagnostics and treatment for adults and children. Our doctors are trained in the comorbid conditions of craniofacial pain and sleep related breathing disorders. TMJ & Sleep Therapy Centre of San Diego is the only American Academy of Dental Sleep Medicine Accredited Facility in San Diego.

SIMPLE PATIENT SCREENING:

- Does adult or child wake with a sore jaw or unexplained head pain?
- Does adult or child grind their teeth?
- Does adult or child snore or wake up suddenly at night?
- Is adult or child CPAP intolerant?

All of us at TMJ & Sleep Therapy Centre of San Diego want to wish you
Happy Holiday's

We would like to take this opportunity to let you know of some exciting and important announcements.

We are very happy to announce that Dr. Olmos has opened our newest Centre in Dubai, UAE alongside the London Sleep Centre. This is a very exciting collaboration with one of the top sleep physicians in London and they have already had several top dignitaries from the region come to be treated.

Dr. Olmos has also received his Tennessee dental physician license and is not only lecturing at the University of Tennessee, but he is working with top pediatric physicians in the area to bring sleep related breathing disorder treatment to local children that are not successful in using C-PAP. Remember, sleep apnea can be cured in children! If you are concerned about your child not sleeping well or having trouble in school, please call us for an appointment today!

Most of you should have been personally contacted, but for those that he was not able to reach, Dr. Chase Bennett has decided to move to Denver to focus solely on his practice there. We wish him well. Our founder, Dr. Steven Olmos will now be available to see patients in San Diego as his schedule permits. We have rearranged his schedule to allow more time in San Diego to treat patients.

We are also so proud to announce that Dr. Olmos has received his Master of Excellence from the American Academy of Craniofacial Pain (AACP). The AACP is committed to the relief of craniofacial pain, temporomandibular disorders and sleep related breathing disorders and supporting the advancement of education, research and dissemination of knowledge and skills in these areas. Because of his skill and advancement of these areas, Dr. Olmos has also been voted President Elect of the AACP. Congratulations Dr. Olmos!

As the only American Academy of Dental Sleep Medicine accredited facility in San Diego, we are constantly striving to bring our community the highest level of care. With 36 Centres in 6 Countries our treatment is proven again and again. Please don't hesitate to call for more information. Thank you for your referrals we are here to help!

WE GET AROUND!

Getting out and meeting people to educate and share how we can help adults & children with TMJ and chronic headache pain and sleep apnea.



Tia & Rachel from our Centre at the Kids Expo in October



Dr. Olmos lecturing at The University of Tennessee Health Science Center College of Dentistry

Dr. Olmos



Best Wishes for Peace and Health this Holiday Season!



**DDS, DABCP-CDSM,
DABDSM, DAAPM, FIAO,
FAAOP, FAACP, FICCMO,
FADI**

Dr. Steven Olmos is an internationally recognized lecturer, researcher, and the founder of the TMJ & Sleep Therapy Centre's International. He graduated from the University of Southern California School of Dentistry, and has dedicated the past 25 years to the fields of craniofacial pain, TMD and sleep disordered breathing. He has extensive post graduate education and board certifications in both craniofacial pain and dental sleep medicine. Dr. Olmos is an adjunct professor at the University of Tennessee College of Dentistry, where his system of diagnosis and treatment are utilized at the school's Craniofacial Pain Center. He is currently directing research in these fields through data collection at 35 TMJ & Sleep Therapy Centre's spanning 6 Countries including the Craniofacial Pain Center at the University of Tennessee. This effort is focused to establish protocols between dentistry and medicine for optimal treatment outcomes.

Diplomate, American Board of Craniofacial Pain
Diplomate, American Board of Dental Sleep Medicine
Diplomate, American Board of Craniofacial Pain-Craniofacial Dental Sleep Medicine
Diplomate, American Academy of Pain Management
Fellow, American Academy of Orofacial Pain
Fellow, American Academy of Craniofacial Pain
Fellow, International College of Cranio-Mandibular Orthopedics
Fellow, Academy of Dentistry International
Fellow, International Association of Orthodontics
Certified, Head and Neck Imaging
Certified, Motor Vehicle Injuries
Certified, Pharmacology
Certified/Diplomate, Electrodiagnostics, Bio-Research, Inc.



T&S Therapy Centre International, a leader in the field of continued education, training and resources for the dental profession provides an integrated approach to care. These courses include in-depth diagnosis, the latest treatment technologies, patient management systems, integrated software and training for all levels of a dentist's practice. All education is directed by Dr. Steven R. Olmos. He is currently directing research in these fields through data collection at 35 TMJ & Sleep Therapy Centers spanning 6 countries, including the Craniofacial Pain Center at the University of Tennessee. This effort is focused to establish protocols between dentistry and medicine for optimal treatment outcomes. We encourage you to expand your knowledge by taking one of the courses and connecting with our team of experts.

SLEEP-RELATED BREATHING DISORDERS & CRANIOFACIAL PAIN

For Adults & Children - A System for Dx and Tx Mini-Residency

System

Learn a system for screening & triage of structural injuries, OSA and systemic inflammatory conditions.

Treatment

Understand the proper steps and protocols for patient treatment to achieve reproducible results.

Resources

All forms & documentation (patient intake, clinical exam, tracking, billing) are supplied to successfully treat patients.

Register Today!

www.tmjtherapycentre.com

Or speak directly with our Education Coordinator
877.865.4325 / 619.462.0676



CERTIFICATE OF ATTENDANCE FROM THE UNIVERSITY OF TENNESSEE 48 HOURS LECTURE & PARTICIPATION CONTINUING EDUCATION

Session 1 | April 22-23, 2016

University of Tennessee Health Sciences Centre College of Dentistry
Memphis, TN

- * Screening for OSA in Your Practice
- * How to Find CR
- * Imaging: CBCT, Plain Film, X-rays, MRI
- * Motor Nerve Reflex Evaluation
- * Electrodiagnosis: JVA, JawTracking, EMG
- * Airway & TMJ Neuroanatomy

Session 2 | May 20-21, 2016

University of Tennessee Health Sciences Centre College of Dentistry
Memphis, TN

- * Sleep Disorders
- * Triage of Sleep Appliance Therapy
- * Headaches
- * Recapturing Discs
- * Orthotic Design & Indications
- * Principles of Pharmacology

Session 3 | June 24-25, 2016

University of Tennessee Health Sciences Centre College of Dentistry
Memphis, TN

- * Sleep Disorders that Cause TMJ Pain
- * Stabilization for Crown & Bridge/Ortho
- * Nutrition for the TMD Patient
- * Continuous Neuropathic Disorders
- * Physical Medicine Modalities
- * Musculoskeletal Pain